



TAOS CENTER FOR EXCELLENCE

Taos High Altitude Soccer Training

(Daily Schedule Overview)

Coordinators

Katlin Okamoto: 575-770-3028
Michael Hensley: 575-770-6038
Casey Tonrey: 575-770-1464

Note: All sessions to be held @ Taos Eco Park unless otherwise specified.

Friday, July 8 (Day 1)

5:30 - 8 pm Check-In / Introduction: Technical / Tactical Training

Saturday, July 9 (Day 2)

7:30-9 am Location: Hondo Mesa
Taos Gorge Run (**Running Shoes, Running Gear*)
10:00 – 11:00 am Technical / Tactical Training (**Cleats, Shin Guards not needed*)
2-3:30 pm Classroom Session (Pencil & Paper)
6-8 pm Technical / Tactical Training

Sunday, July 10 (Day 3)

8-10 am Technical / Tactical Training
1-3 pm Classroom Session
6-8 pm Technical / Tactical Training

Monday, July 11 (Day 4)

8:00 – 10:00 am Technical / Tactical Training
1-3 pm Technical / Tactical Training
6-8 pm Location: Williams Lake Parking Area (Taos Ski Valley)
Williams Lake Trail (**Running Shoes*)

Tuesday, July 12 (Day 5)

8-10 am Technical / Tactical Training
1-3 pm Technical / Tactical Training
6-8 pm Classroom Session

Wednesday, July 13 (Day 5)

8-10 am Technical / Tactical Training
1-3 pm Technical / Tactical Training
6-8 pm Classroom Session

Thursday, July 14 (Day 6)

8 am-1 pm Location: Meet @ Williams Lake Parking Lot / Taos Ski Valley
Wheeler Peak Climb (**Hiking attire*)
1-3 pm Group Picnic
3 pm Session Concludes

**Please bring cleats, shin guards and water to all sessions unless indicated otherwise above. You should have a pen and paper for the two classroom sessions.*