

## TAOS CENTER FOR EXCELLENCE Taos High Altitude Soccer Training

(Daily Schedule Overview)

Coordinators

Katlin Okamoto: 575-770-3028 Michael Hensley: 575-770-6038 Casey Tonrey: 575-770-1464

Note: All sessions to be held @ Taos Eco Park unless otherwise specified.

Friday, July 29 (Day 1)

1–3 pm Introduction: Technical / Tactical Training

6:00 – 8 pm Technical / Tactical Training

## Saturday, July 30 (Day 2)

8 – 10 am Technical / Tactical Training

3 – 4:00 pm Classroom Session (\*Pencil & Paper)

6 – 8 pm Technical / Tactical Training

## Sunday, Sunday July 31 (Day 3)

8-10 am Technical / Tactical Training 1-3 pm Technical / Tactical Training



<sup>\*</sup>Please bring cleats, shin guards and water to all sessions unless indicated otherwise above. You should have a pen and paper for the classroom sessions.