



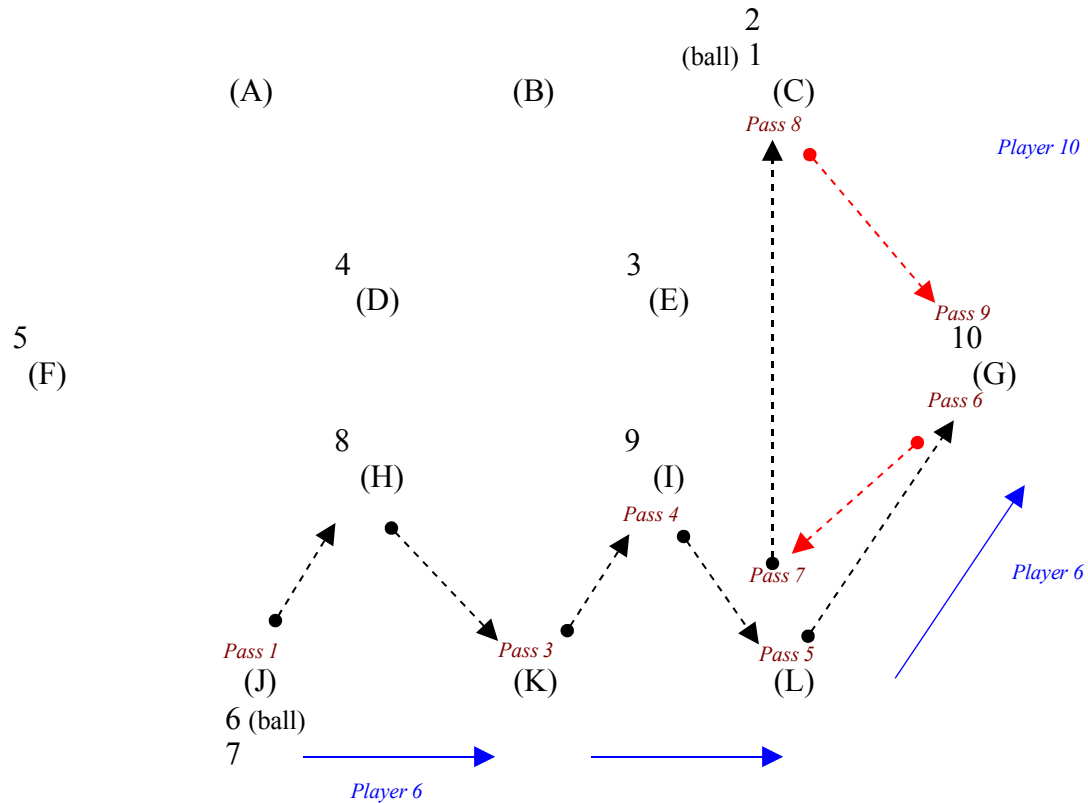
Developmental Skills

(Michael M. Hensley • Technical Skills Trainer • TYSL)



➤ Ten Person Passing Drill, Diagonal, Drop, Through

- Focus: showing for the ball, weighting your pass, timing a run
- Note: One complete revolution (18) touches



Player 1 at (C) and player 6 at (J) start with a ball.

Player 6 at (J) makes a wall pass to player 8 at (H), Player 8 at (H) wall passes back to player 6 at (K), player 6 at (K) now sends a wall pass to player 9 at (I), player 9 at (I) sends a wall pass back to player 6 at (L), player 6 at (L) plays the ball to player 10 at (G), player 10 at (G) drops the ball to 6 at (L), player 6 at (L) plays a long ball to player 2 at (C) then moves to (G), Player 2 at (C) drops the ball to player 10 at (G), player 10 at (G) returns the ball to player 2 at (C) then moves to (C).

Simultaneously, Player 1 at (C) makes a wall pass to player 3 at (E), Player 3 at (E) wall passes back to player 1 at (B), player 1 at (B) now sends a wall pass to player 4 at (D), player 4 at (D) sends a wall pass back to player 1 at (A), player 1 at (A) plays the ball to player 5 at (F), player 5 at (F) drops the ball to 1 at (A), player 1 at (A) plays a long ball to player 7 at (J) then moves to (F), Player 7 at (J) drops the ball to player 5 at (F), player 5 at (F) returns the ball to player 7 at (J) then moves to (J).

Repeat the sequence.



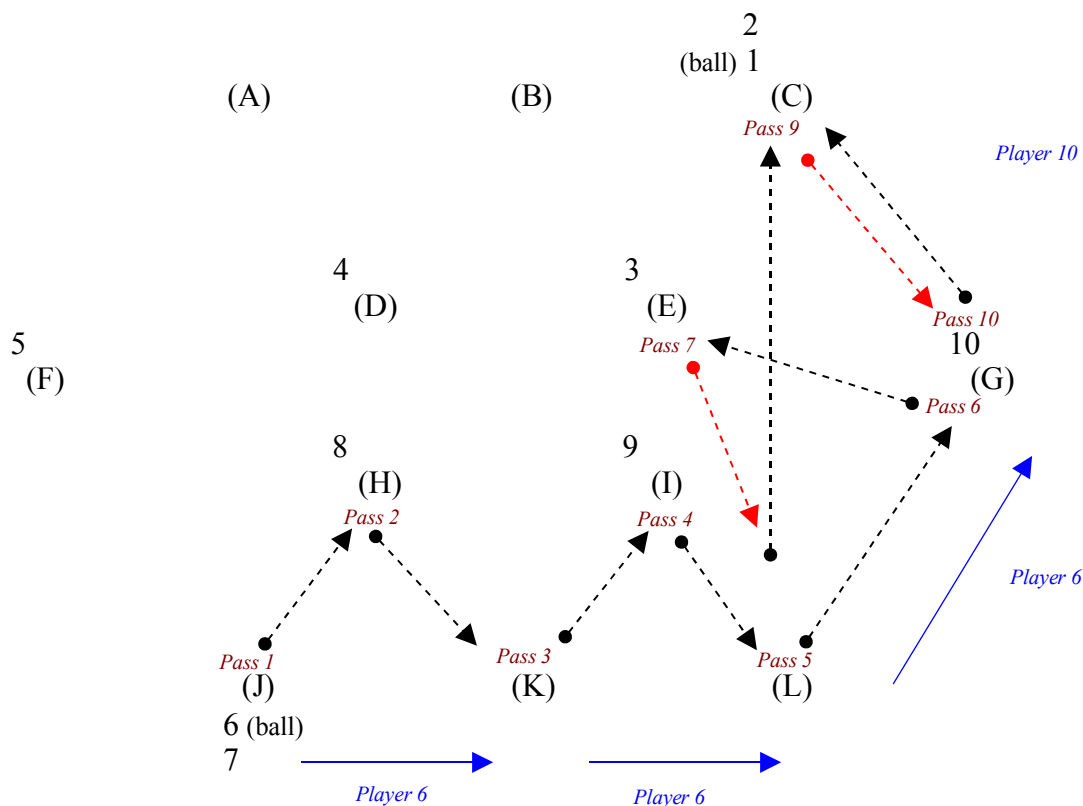
Developmental Skills

(Michael M. Hensley • Technical Skills Trainer • TYSL)



➤ Ten Person Passing Drill, Diagonal, In, Drop, Through

- Focus: showing for a ball, weighting a pass, timing a run, opening up to the playing field
- Note: One complete revolution (20) touches



Player 1 at (C) and player 6 at (J) start with a ball.

Player 6 at (J) makes a wall pass to player 8 at (H), Player 8 at (H) wall passes back to player 6 at (K), player 6 at (K) now sends a wall pass to player 9 at (I), player 9 at (I) sends a wall pass back to player 6 at (L), player 6 at (L) plays the ball to player 10 at (G), player 10 at (G) opening up to the field plays a one time ball to player 3 at (E), player 3 at (E) drops the ball to 6 at (L), player 6 at (L) plays a long ball to player 2 at (C) then moves to (G), Player 2 at (C) drops the ball to player 10 at (G), player 10 at (G) returns the ball to player 2 at (C) then moves to (C).

Simultaneously, Player 1 at (C) makes a wall pass to player 3 at (E), Player 3 at (E) wall passes back to player 1 at (B), player 1 at (B) now sends a wall pass to player 4 at (D), player 4 at (D) sends a wall pass back to player 1 at (A), player 1 at (A) plays the ball to player 5 at (F), player 5 at (F) opening up to the field plays a one time ball to player 8 at (H), player 8 at (H) drops the ball to 1 at (A), player 1 at (A) plays a long ball to player 7 at (J) then moves to (F), Player 7 at (J) drops the ball to player 5 at (F), player 5 at (F) returns the ball to player 7 at (J) then moves to (J).

Repeat the sequence.