



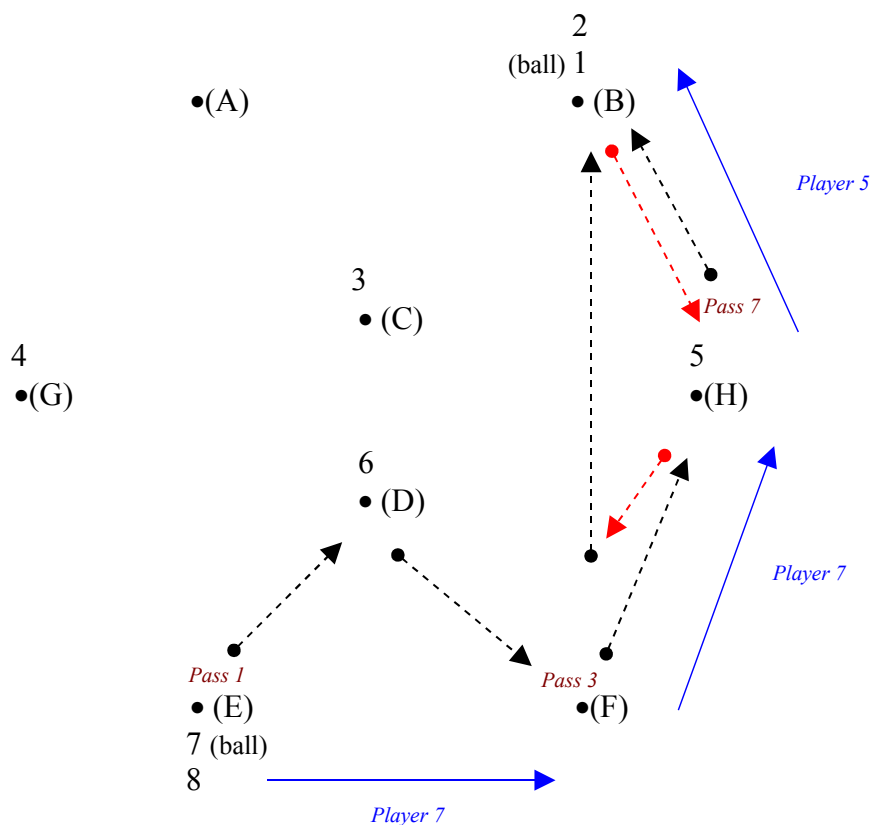
# Developmental Skills

(Michael M. Hensley • Technical Skills Trainer • TYSL)



## ➤ Eight Person Passing Drill

- Focus: showing for the ball, weighting your pass, timing a run
- Note: One complete revolution (14) touches



- Player 1 at (B) and player 7 at (E) start with a ball.
- Player 7 at (E) makes a wall pass to player 6 at (D), Player 6 at (D) returns the ball to player 7 at (F) Player 7 at (F) now sends a diagonal pass to player 5 at (H), player 5 at (H) drops the ball to player 7 at (F) player 7 at (F) now sends the ball long to player 2 at (B), player 2 at (B) then drops the ball to 5 at (H), player 5 then returns the ball to 2 at (B), after sending the long ball player 7 at (F) moves to (H) and player 5 at (H) moves to (B).
- Simultaneously, Player 1 at (B) makes a wall pass to player 3 at (C), Player 3 at (C) returns the ball to player 1 at (A) Player 1 at (A) now sends a diagonal pass to player 4 at (G), player 4 at (G) drops the ball to player 1 at (A) player 1 at (A) now sends the ball long to player 8 at (E), player 8 at (E) then drops the ball to 4 at (G), player 4 then returns the ball to 8 at (E), after sending the long ball player 1 at (A) moves to (G) and player 4 at (G) moves to (E).
- Repeat the sequence.



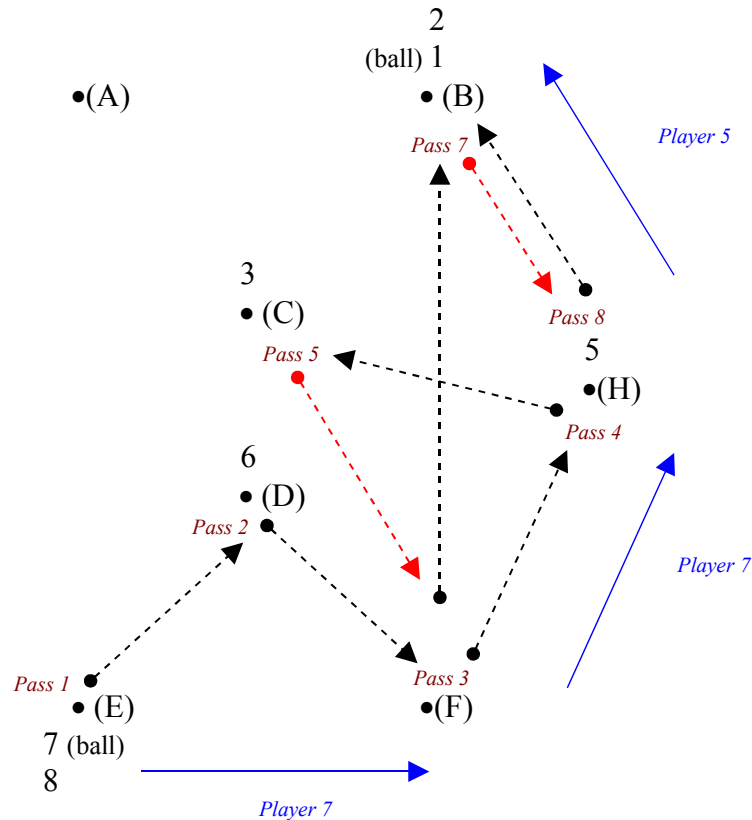
# Developmental Skills

(Michael M. Hensley • Technical Skills Trainer • TYSL)



## ➤ Eight Person Passing Drill

- Focus: showing for a ball, weighting a pass, timing a run, opening up to the playing field
- Note: One complete revolution (16) touches



- Player 1 at (B) and player 7 at (E) start with a ball.
- Player 7 at (E) makes a wall pass to player 6 at (D), Player 6 at (D) returns the ball to player 7 at (F) Player 7 at (F) now sends a diagonal pass to player 5 at (H), player 5 at (H) then opens up to the field and plays the ball to player 3 at (C), player 3 at (C) then drops to player 7 at (F) player 7 at (F) now sends the ball long to player 2 at (B), player 2 at (B) then drops the ball to 5 at (H), player 5 then returns the ball to 2 at (B), after sending the long ball player 7 at (F) moves to (H) and player 5 at (H) moves to (B).
- Simultaneously, Player 1 at (B) makes a wall pass to player 3 at (C), Player 3 at (C) returns the ball to player 1 at (A) Player 1 at (A) now sends a diagonal pass to player 4 at (G), player 4 at (G) then opens up to the field and plays the ball to player 6 at (D), player 6 at (D) then drops to player 1 at (A) player 1 at (A) now sends the ball long to player 8 at (E), player 8 at (E) then drops the ball to 4 at (G), player 4 then returns the ball to 8 at (E), after sending the long ball player 1 at (A) moves to (G) and player 4 at (G) moves to (E).
- Repeat the sequence.